

Male patient 36 year old

Observation: Normal posture, brown curling hair. reserved, mild

CONSULTATION 1 07-06-99

Main complaint: psoriasis, red dry spots, no itching, since 8 years.
Started on neck, arms and legs, then moved to face. < in winter

Other complaints: often angina, swollen tonsils (2)
Headache in weekend, above eyes, stitching (1)

Family: Psoriasis, rheumatism

Generals:

Chilly

Offensive footsweat. Often cold feet.

Desire: fat and pasta

Mind:

Reserved, quiet, sensitive

Nervous to do examinations

Biting nails

RELEVANT SYMPTOMS

01 Psoriasis [3]

02 Footsweat [2]

03 Swelling tonsils [2]

04 Headache above eyes [1]

PRESCRIPTION

Silicea C200

CONSULTATION 2 24-07-99

Short initial aggravation of psoriasis on arms. Afterwards general and local amel. Only some spots on neck.

RELEVANT SYMPTOMS

01 Psoriasis [3]->[1]

02 Footsweat [2]->[1]

03 Swelling tonsils [2]->[0]

04 Headache above eyes [1]->[0]

PRESCRIPTION

wait

CONSULTATION 3 15-12-99

Psoriasis in neck stays the same. Other places much better.

Headache and tonsils better.

Less reserved, no more fear for examinations.

Has become warmer.

RELEVANT SYMPTOMS

01 Psoriasis [3]->[1]

02 Footsweat [2]->[0]

03 Swelling tonsils [2]->[0]

04 Headache above eyes [1]->[0]

05 Reserved [2]->[1]
06 Fear examinations [2]->[0]
07 Chilliness [2]->[1]

PRESCRIPTION; Silicea Q2

CONSULTATION 4 03-05-00
Psoriasis in neck slowly disappears.

PRESCRIPTION
Continue Silicea Q2

CONSULTATION 5 13-03-02
Local and general amelioration continues. Uses Silica Q2 every now and then in winter if some spots come up. This gives a quick amel.

CONSULTATION 6 23-07-06
Still does well, no remedy needed anymore.

RELEVANT SYMPTOMS
01 Psoriasis [3]->[0]
02 Footsweat [2]->[0]
03 Swelling tonsils [2]->[0]
04 Headache above eyes [1]->[0]
05 Reserved [2]->[1]
06 Fear examinations [2]->[0]
07 Chilliness [2]->[1]